

## PROSPECT HOUSE

### Clinical Referral Form

\*This form is to be filled out and signed by a licensed mental health professional (must be an MD Psychiatrist, PhD Psychologist, Licensed Clinical Social Worker, or Licensed Mental Health Counselor)

## **About Us**

Prospect House provides Residential Crisis Support, which is a voluntary, short-term residential program for individuals who are experiencing a mental health crisis and/or are experiencing challenges in daily life that create risk for escalation of symptoms that cannot be managed in the individual's home and community environment without onsite supports. Prospect House is designed to assist potential guests in alleviating an emotional crisis that could lead to hospitalization or as a step-down option coming out of the hospital before returning home. Our house is equipped with a variety of proactive tools, both traditional and non-traditional, to help support and sustain each guest's well-being. The length of stay will be determined upon checking in, with the average stay being 5-7 days. Each guest will receive twenty-four-hour support from our program staff. Participation in the program is voluntary.

## **Admissions Criteria**

- 1. Medically stable
- 2. Has no imminent risk to the safety of themselves or others that would require a higher level of care
- 3. Lives in New York State (any county)
- 4. Eighteen years of age or older
- 5. Ability to self-preserve within 3 minutes
- 6. Ability to navigate narrow stairs
- 7. Ability to understand and sign or initial necessary registration documents (with appropriate interpreter if needed)
- 8. Willing to follow guest agreement upon entering the house
- 9. Is a voluntary registration

# Any guest meeting one or more of the following exclusionary guidelines may be denied registration at the Prospect House:

- 1. Requires a higher or different level of care (i.e., poses a threat to him/herself or others)
- 2. Is not medically stable.

- 3. Displays symptoms of active substance use demonstrated by physical dependence, aggressive behavior, and/or destructive behavior.
- 4. The individual appears to be under the influence of a substance or admits to being under the influence.
- 5. Is engaged in illegal activity.
- 6. Is a registered sex offender.
- 7. Has a history of fire setting and/or violent offenses.
- 8. Is under 18 years of age.
- 9. Is not willing or able to respect and follow the guest agreement during stay.
- 10. Is not willing to sign necessary registration documentation.
- 11. Does not agree to the referral.

Aggression or destructive behavior is not necessarily exclusionary. An assessment of the behavior in the context of the crisis and symptoms is necessary in the completion of the admission assessment or risk assessment.

Additionally, please note: If an individual who has been admitted to the crisis residence uses substances during their stay, program staff are expected to discuss this with the individual to understand and assess for continued stay.

## Please fax this form back to Prospect House at (585) 919-2562

- Upon faxing this form back, please include information regarding your records for the potential guest, intake documentation, etc.
- If you have a mental status exam that was completed today in a different format you may attach the document and write "see attached" in the applicable section of this form.
- Please call with any questions: (585) 919-2561

## Thank you.

# Name of Provider Completing this form: \_\_\_\_\_\_ Telephone Number of Provider: \_\_\_\_\_ Provider Title and Credential: \_\_\_\_\_ As the referral source, my signature indicates the person being referred consents to this referral. Signature of Referring Provider \_\_\_\_\_\_ Date

# **Identifying Information for Referred Person (Guest)**

Legal Name:		Date	Date of Birth:				
Preferred Name:			Soci	al Security #: _			
Pronouns: He/him/h	is She/h	er/hers	They/them/t	theirs	He/they		
She/they	Other	:		Decli	ne to Specify		
Gender Identity:			aid or Variant Specify		Male		
Telephone Number(s	c): Cell phone:			ne phone:			
Primary Language (l	anguage you sp	eak or under	rstand best):				
English	Spanish	Sign Lang	uage Othe	er:			
Preferred Language t							
English	Spanish	Sign Lang	uage Othe	er:			
Race (circle all that a	apply):						
Black or Afri	can American		East Asian o	or Asian Americ	ean		
Middle Easte	Middle Eastern or Arab American Na				Native American or Alaskan Native		
Native Hawaiian Pacif				cific Islander			
South Asian or Indian American Whit				ite or Caucasian			
Other:			Decline to S	Specify			
Ethnicity – Are you l	Hispanic or Lat	inx? Yes	s No	Decli	ine to Specify		

# **Intake Information**

1.	Please describe why you are referring the potential guest for respite services at Prospect House:
2.	What do you believe the potential guest could benefit from working on during their stay?
3.	Please provide any other information that would be helpful:
Cl	inician's Assessment
A.	What is currently happening with the prospective guest?
В.	What does the guest hope to see change?
C.	What is it that the guest expect from Prospect House that will help them to make this change?
D.	How many days do you and the guest think the guest will need to make this change?

# **Mental Status Exam**

1. General Appearance:
2. Psychomotor Behavior:
3. Mood and Affect:
4. Speech:
5. Cognition:
6.Thought Patterns:
7. Are any hallucinations or delusions present? If yes, please describe.
8. Other information/observations:

# **Pre-Registration Information**

1.	Mental	Health/Substance Diagnoses:
2.	Where	does the guest live?
	a.	Is he/she able to return there?
	b.	Are there any housing related concerns? Please describe.
	c.	Are all household members safe?
	d.	How long has the guest lived there?
II oold	• <b>A</b> ggogg	mont.
пеан	1 Assess	<u>ment</u>
1.	Does th	ne guest have any medical conditions? Check all that apply.
		Allergies. Please specify:
		Diabetes
		Heart condition. Please specify:
		Pregnant
		Seizures or epilepsy
		Other:
2.	_	guest medically stable, or are they struggling with any medical concerns?  Medically stable
		Struggling with a medical concern. Please explain:
3.	Can the	e guest evacuate from a second-floor room within three minutes?
		Yes No Unsure

4.	Can the guest	navigate a flig	ght of stairs without	assistance?		
	Yes	No	Unsure			
5.	Does the gues	st use tobacco?	Ye	es No		Unsure
	If yes,	, are you intere	ested in a tobacco ce	essation program?	Yes	No Unsure
Safety	/Risk Self-Ass	<u>sessment</u>				
			Suicidality			
1. Is th	ne guest curren	tly having any	thoughts of harmin	g or killing yourse	lf?	
	Yes	No	Unsure			
2. If ye	es, do they hav	e a plan?	Yes	No	Unsure	
	A. If yes, wha	at is the plan?				
	B. Do they ha	ive access to the	nis plan?			
	C. What would	ld be their aim	in completing suici	de?		
	-		e thinking about sui		No	Unsure
	ne guest experie emself?	encing auditor	y and/or visual hallu	icinations commar	nding then	m to harm or
	Yes	No	Unsure			
	If yes, please	describe.				
5. Doe	es the guest hav	e a history of	suicidal thoughts or	attempts?		
	Yes	No	Unsure			
	If yes, please	describe.				

# **Homicidality**

1.	Is the guest current	ly having any	thoughts	s of harming or	killing an	yone?	
		Yes	No	Unsure	e		
	A. If yes, wha	t are the thou	ghts and	who are the tho	ughts abou	ut?	
	B. If yes, do the	hey have a pla	an?		Yes	No	Unsure
	•	What is the	plan?				
	•	Do they hav	e access t	to the plan?			
	C. What wou	ld be the gues	st's aim ir	n completing ho	omicide?		
2.	Is the guest spending	ng a lot of tim	ne thinkin	g about comple	eting homi	cide?	
	Yes	No		Unsure			
	Is the guest experient rm/kill someone?	encing any au	ditory and	d/or visual hallı	icinations	commanding the	em to
	Yes	No		Unsure			
	If yes,	please descri	be.				
			<u>Viole</u>	nce/Aggression	:		
1.	Has the referred p	erson commi	tted viole	nt acts towards	others?		
	Yes	No		Unsure			
	A. If yes, wha	t were the act	ts? When	did they occur	?		
2.	Does the guest ha violence?	ve any weapo	ons and/or	r other means ir	place to o	carry out any act	s of
	Yes	No		Unsure			

	Fire Setting				
Does the guest have a history of fire	setting?	Yes		No	Unsure
If yes, please describe.					
	Alcohol/Substance A	<u>Abuse</u>			
1. Does the guest currently consume	alcohol and/or othe	r drugs?	Yes	No	Unsure
A. If yes, what is your drug	of choice?				
2. Does the guest have a history of c	onsuming alcohol/d	rugs?	Yes	No	Unsure
A. If yes, what was their dru	g of choice?				
3. In the past week, how much alcoh	nol/substances has th	e guest us	sed (if ar	ıy)?	
4. In the past week, has the guest ex	perienced any symp	toms of w	ithdrawa	al from a su	ıbstance?
Yes No	Unsure				
If yes, please describ	e.				
	Sex Offender Sta	<u>tus</u>			
1. Is the guest a registered sex offen	der? Yes	<b>.</b>	No	Un	isure
If yes, what Level?	1 2		3	Un	isure
	<u>Trauma</u>				
1. Is the guest currently distressed b	y a traumatic event t	hat has oc	curred?		
A. If yes, please describe.					
Clinical Assessment Completed By:					
Print Name & Credentials	Signature			Date	