

## **PROSPECT HOUSE**

Guest Self-Referral Form

### About Us

Prospect House provides Residential Crisis Support, which is a voluntary, short-term residential program for individuals who are experiencing a mental health crisis and/or are experiencing challenges in daily life that create risk for escalation of symptoms that cannot be managed in the individual's home and community environment without onsite supports. Prospect house is designed to assist potential guests in alleviating an emotional crisis that could lead to hospitalization or as a step-down option coming out of the hospital before returning home. Our house is equipped with a variety of proactive tools, both traditional and non-traditional, to help support and sustain each guest's well-being. The length of stay will be determined upon checking in, with the average stay being 5-7 days. Each guest will receive twenty-four-hour support from our program staff. Participation in the program is voluntary.

#### **Identifying Information**

Legal Name:			Date o	f Birth:			
Preferred Name:				Social Security #:			
Pronouns: He/him/his She/her		c/hers They/them/theirs		eirs	He/they		
She/they	Other:		-	Declin	e to Specify		
Gender Identity:	Female	Gender Fluid or Vari	ant	Intersex	Male		
	Non-Binary	Decline to Specify		Something els	e:		
Telephone Number(s)	: Cell phone:		Home	phone:			
Other:							
Primary Language (language you speak or understand best):							
English	Spanish	Sign Language	Other:				
Preferred Language to Receive Services In:							
English	Spanish	Sign Language	Other:				

Race (circle all that apply):

Black or African American		East Asian or Asian A	American
Middle Eastern or Arab American	Middle Eastern or Arab American		
Native Hawaiian		Pacific Islander	
South Asian or Indian American		White or Caucasian	
Other:		Decline to Specify	
Ethnicity – Are you Hispanic or Latinx?	Yes	No	Decline to Specify

#### Self-Assessment

- 1. What is currently happening?
- 2. What is it that you want to see change?
- 3. What is it that you expect from Prospect House that will help you to make this change?
- 4. How many days do you think you will need to make this change?

#### **Pre-Registration Information**

- 1. Do you have a Mental Health/Substance Diagnoses, if so, can you describe:
- 2. Where do you live?
  - a. Will you be able to return there? Yes No Unsure
  - b. Do you have any housing-related concerns? Please describe.
  - c. Are all of the members of your household safe?
  - d. How long have you lived there?

## Health Assessment

1. Do you have any medical conditions? Check all that apply.

		Allergies. Pl	ease specify:						
	□ Diabetes								
	□ Heart condition. Please specify:								
		Pregnant							
		Seizures or e	pilepsy						
		Other:							
2.	<ul> <li>2. Are you medically stable, or are you struggling with any medical concerns?</li> <li>□ Medically stable</li> <li>□ Struggling with a medical concern. Please explain:</li></ul>								
3.	Can yo	ou evacuate fro	om a second-	floor room wit	hin three n	ninutes?	,		
		Yes	No	Unsure					
4.	Can yo	ou navigate a f	light of stairs	s without assist	ance?	Yes	No		Unsure
5.	Do yoι	use tobacco?	)	Yes	No		Unsur	e	
		If yes, are yo	u interested i	n a tobacco ces	ssation pro	gram?	Yes	No	Unsure

## Safety/Risk Self-Assessment

## Suicidality

1. Are you c	currently havir	ng any thoug	hts of harming or kil	ling yoursel	f?	
	Yes	No	Unsure			
2. If yes, do you have a plan?			Yes	No	Unsure	
A. If	f yes, what is t	he plan?				
B. D	o you have ac	cess to this j	plan?			
C. W	What would be	your aim in	completing suicide?			
3. Are you s	spending a lot	of time thinl	king about suicide?	Yes	No	Unsure
4. Are you e yourself?	experiencing a	uditory and/	or visual hallucination	ons comman	ding you to ha	m or kill
	Yes	No	Unsure			
If ye	es, please desc	ribe.				
5. Do you h	ave a history o	of suicidal th	oughts or attempts?	Yes	No	Unsure

If yes, please describe.

#### **Homicidality**

1. Are you currently having any thoughts of harming or killing anyone?

Yes No Unsure

A. If yes, what are the thoughts and who are the thoughts about?

B. If yes, do you have a plan? Yes No Unsure

- What is the plan?
- Do you have access to the plan?

C. What would be your aim in completing homicide?

2. Are you spending a lot of time thinking about completing homicide?

Yes No Unsure

3. Are you experiencing any auditory and/or visual hallucinations commanding you to harm/kill someone?

Yes No Unsure

A. If yes, please describe.

#### Violence/Aggression

1. Have you committed violent acts towards others?YesNoUnsure

A. If yes, what were the acts? When did they occur?

2. Do you have any weapons and/or other means in place to carry out any acts of violence?

Yes No Unsure

Fire Setting						
1. Do you have a history of fire setting?		Yes	No	Unsure		
If yes, please describe.						
Alcoho	ol/Substance Abi	use				
1. Do you currently consume alcohol and/c	or other drugs?	Yes	No	Unsure		
A. If yes, what is your drug of choice	ce?					
2. Do you have a history of consuming alco	ohol/drugs?	Yes	No	Unsure		
A. If yes, what was your drug of ch	oice?					
3. In the past week, how much alcohol/sub-	stances have you	u used (if any)?	,			
4. In the past week, have you experienced a	any symptoms o	f withdrawal fr	om a substance	?		
Yes No	Unsure					
A. If yes, please describe.						
Sex Offender Status						
1. Are you a registered sex offender?	Yes	No	Unsure			
If yes, what Level?	1	2	3	Unsure		
	<u>Trauma</u>					

1. Are you currently distressed by a traumatic event that has occurred?

A. If yes, please describe.

## **Information Verification**

## Admissions Criteria

#### **Registration Guidelines**

Prospect House provides Residential Crisis Support, which is a voluntary, short-term residential program for individuals who are experiencing a mental health crisis and/or are experiencing challenges in daily life that create risk for escalation of symptoms that cannot be managed in the individual's home and community environment without onsite supports.

- 1. Medically stable
- 2. Has no imminent risk to the safety of themselves or others that would require a higher level of care
- 3. Lives in New York State (any county)
- 4. Eighteen years of age or older
- 5. Ability to self-preserve within 3 minutes
- 6. Ability to navigate narrow stairs
- 7. Ability to understand and sign or initial necessary registration documents (with appropriate interpreter if needed)
- 8. Willing to follow guest agreement upon entering the house
- 9. Is a voluntary registration

# Any guest meeting one or more of the following exclusionary guidelines may be denied registration at the Prospect House:

- 1. Requires a higher or different level of care (i.e., poses a threat to him/herself or others)
- 2. Is not medically stable.
- 3. Displays symptoms of active substance use demonstrated by physical dependence, aggressive behavior, and/or destructive behavior.
- 4. The individual appears to be under the influence of a substance or admits to being under the influence.
- 5. Is engaged in illegal activity.
- 6. Is a registered sex offender.
- 7. Has a history of fire setting and/or violent offenses.
- 8. Is under 18 years of age.
- 9. Is not willing or able to respect and follow the guest agreement during stay.
- 10. Is not willing to sign necessary registration documentation.
- 11. Does not agree to the referral.

Aggression or destructive behavior is not necessarily exclusionary. An assessment of the behavior in the context of the crisis and symptoms is necessary in the completion of the admission assessment or risk assessment.

Additionally, please note: If an individual who has been admitted to the crisis residence uses substances during their stay, program staff are expected to discuss this with the individual to understand and assess for continued stay.

By signing this form, you are stating that you:

- Have read the admissions criteria for Prospect House,
- Ensure that, as a potential guest, you meet these requirements,
- Ensure that you do not meet any of the exclusionary requirements,
- Have verified the information to be true and accurate (paying particular attention to the requirements for permanent housing, voluntary referral and admission, medication self-administration, that as a potential guest you are not in danger to self or others, nor is a registered sex offender, and is medically stable).

Print Name

Signature

Date