

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
July 26	July 27 Container Garden, Coloring & Coffee 9am Recovery Center Open Swim: 1pm-2:30pm NE College of Health Sciences Leaving 12:30pm	July 28 Coffee & Chat 9am FLX Visitor Center Take a Walk at Bishop Nature Preserve for World Nature Conservation Day 1pm	July 29 Art/Craft w. Polly 9 am Container Garden, Coloring & Coffee 2pm Recovery Center	July 30 Watkins Glen State Park Pool Pack Lunch & Don't Forget the Sunscreen! Leaving 10am Pool Opens at 12pm https://parks.ny.gov/visit/state-parks/watkins-glen-state-park	July 31 Walking Group 9am Check Container Garden & Birthdays & Celebrations 1pm Recovery Center	August 1
2	3 Monday Morning Meditative Coffee & Coloring 10am Recovery Center Check Container Garden Pool & Fitness Center 1pm Northeast College of Health Sciences	4 National Night Out Coffee & New Member Orientation 10am Recovery Center Open Art 2pm Recovery Center Check Container Garden	5 Dolly Parton Day Movie: Coat of Many Colors 10am Recovery Center Water Color Practice Books w. Heather 2pm Recovery Center Check Container Garden	6 Lake Day! Green Lakes State Park Pack a lunch, enough drinks for the day, sunscreen, and any other supplies you might need for the day. Weather & Water Dependent	7 National Water Balloon Day CCIA Resource Center 10am Water Balloon Splash w. Other Programs 2pm Location TBD	8
9	10 Monthly Grocery Fun Run Canandaigua Area	11 Coffee & Chat is going to STTP & MHEP Training Starts 10am Ends 3pm Neighborhood Transformation Center 409 W. William St. Elmira <u>Need to Leave Geneva No Later Than 8:30am</u> Lunch is Provided RSVP by 9am on Friday, 8/7	12 World Elephant Day Seneca Park Zoo 9am Weather Dependent Make-Up Day Cost: \$1 w. EBT Card Up to \$16 Without Pack a Lunch or Purchase Zoo Opens 10am Return by 3pm	13 Open Art 10am Recovery Center Check Container Garden Out to Lunch 1pm Mac's Drive – In Waterloo https://places.singleplatform.com/macs-drive-in-3/menu?ref=Microsoft	14 ARR Conference Travelers Meeting 9:30am Recovery Center & Teams Friday Afternoon Coffee Break & Monthly Planning Meeting 1pm Meeting Starts 1:30pm Recovery Center & Teams Check Container Garden	15
16	National Nonprofit Day & National Thrift Shop Day 17 Let's Go Thrift Shopping! 10am Penny Lane – Opens 10am Salvation Army – Opens 9am Goodwill – Opens 9am Lily's Consignment Shoppe – Opens 9:30am	National Soft Ice Cream Day 18 Coffee & Chat 10am Finger Lakes Visitor Center Ice Cream Social 1pm Recovery Center Bring your favorite topping!	National Aviation Day 19 PACK LUNCH & PICK ONE Glenn Curtiss Museum \$14.50 Adults \$13 for 65+ https://glennhcurtisismuseum.org/ OR Sampson Military Museum Donation Based Admission https://www.facebook.com/sampsonmemorialnavalandaairforcemuseum/	20 Sauder's Shopping Run 9am Art/Craft w. Polly 2pm Recovery Center Check Container Garden	21 Friday Funday is going to Robert Treman State Park Pack a lunch, enough drinks for the day, sunscreen, and any other supplies you might need for the day. Weather & Water Dependent https://parks.ny.gov/visit/state-parks/robert-h-treman-state-park	22
23	Intentional Kindness Day 24 Monday Morning Meditative Coffee & Coloring 10am Recovery Center Check Container Garden Pool & Fitness Center 1pm Northeast College of Health Sciences	25 Coffee & New Member Orientation 10am Recovery Center Art/Craft w. Kaye 2pm Recovery Center Check Container Garden	Women's Equality Day 26 Celebrate Women's Equality Day with a Girl's Day Out! (Everyone is Welcome) Details TBD	27 Lake Day! Sodus Point Beach Park Pack a lunch, enough drinks for the day, sunscreen, and any other supplies you might need for the day. Weather & Water Dependent	28 Open Art 10am Recovery Center Monthly Celebrations & Movie 1pm Recovery Center Check Container Garden	29
30	International Overdose Awareness Day 31 Monday Morning Meditative Coffee & Coloring 10am Recovery Center Check Container Garden Pool & Fitness Center 1pm Northeast College of Health Sciences			Staff Contact Information Polly Desk: 315.787.0458 Cell: 315.835.1500 Kaye Desk: 315.787.0459 Cell: 315.835.1621 Heather Desk: 315.332.6074 hdaeffler@lakeviewhs.org		Important Activity Reminders: ✓ Staff will confirm timeframes to meet for pick-ups. Please be ready and waiting. ✓ To ensure we arrive at our destination on time bathroom stops while traveling should be as short as possible. ✓ Be prepared for the day, make sure you have food, drinks, and money for expenses.

 **Open ART**

PLEASE NOTE:

OPEN ART IS AVAILABLE FOR INDIVIDUALS TO WORK INDEPENDENTLY OR TO COMPLETE A PROJECT STARTED DURING A SCHEDULED ART OR CRAFT SESSION.

OPEN ART IS NOT INTENDED AS A REPLACEMENT OR MAKE-UP OPPORTUNITY FOR ANY MISSED ART OR CRAFT ACTIVITIES.

THANK YOU FOR YOUR UNDERSTANDING AND COOPERATION!

 **Summertime Art Scenes**

Watercolor Practice Books
w. Heather

2pm Wednesday, August 5th

    

 **JOIN US FOR A National WATER BALLOON Day**

Friday, August 7th

SPLASH!

Polly 315.787.0458 | Kaye 315.787.0459
Heather 315.332.6074

Tuesday, August 4, 2026 5pm – 7pm
Geneva Recreation Complex
666 Exchange Street, Geneva, NY

 

Activities for Children

- Free Hot Dog (Age 15 & Under)
- Vendor Stamp Card for Grand Prize Drawing *
- Face Painting
- Happy Tails Games
- First Responder Vehicles on Site

Activities for Everyone

- National Anthem Sung by Elizabeth Ciancaglini
- Door Prizes *
- K - 9 Demos
- Dunking Booth *
- Mercy Flight Helicopter
- Drunk Vision Goggles
- and much more!

*** Must be present to win. * Adult door prizes held throughout the evening. * Children's Grand Prize drawing will be held at 6:30 pm**
\$ Dunking Booth Challenge proceeds will be donated to the Geneva Food Pantry

       

 **2026 Lake Days!**

#MakeTheFingerLakesYourPlayground

Enjoy hiking, swimming, fishing, or just relaxing at different parks all summer long!
Seating is limited, sign - up in program ASAP!

2026 Lake Days Schedule:

- June 29th: Soda Point Beach
- July 8th: Cayuga Lake State Park
- July 15th: Kerkhove Park
- July 22nd: Deep Run Beach
- June 18th: Kaude Lake State Park
- June 25th: Sampson State Park
- July 30th: Williams Glen State Park Pool
- July 16th: Fair Haven Beach State Park
- Aug. 6th: Green Lakes State Park
- May 22nd: Taughannock Falls State Park
- Aug. 12th: Robert H. Treanor State Park

 **2-Day Peer Support Training Series**

August 11th and 12th 2026

Build your knowledge and skills through this interactive training focused on self-awareness, recovery, and peer support.

Day 1: (10 AM – 3 PM)
The RAIN Technique & Understanding the Process of Change

Day 2: (10 AM – 3 PM)
Self-Reflection & Building Your Recovery Wellness Toolbox

Lunch Provided
Neighborhood Transformation Center
409 William St.
Elmira, NY 14901

MHEP
MENTAL HEALTH EMPOWERMENT PROJECT

Participants may register for individual classes, specific training days, or the full training series.

To register, please contact:
STTPeerTraining@aspirehope.org or



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Mac's Drive - In Waterloo

Thursday, August 13th

Leaving 12:30pm

Cash Only



National Soft

ICE CREAM

DAY

Ice Cream Social

Tuesday,
August 18th



Let's Go Thrift Shopping!

On National Thrift Shop Day

Monday, August 17th



National Aviation Day

Wednesday, August 19th

Sampson Military
Museum



Attending
Group Votes
to Pick One

Pack a lunch
& enough
drinks for
the day.

Glenn Curtiss Museum



IMPORTANT

If you have not yet completed your annual information update packets, please do so ASAP. Additionally, if you are interested in using the Northeast College of Health Sciences Pool & Fitness Center, you must submit the registration form for the facility prior to use. Please see staff for the appropriate forms.

Even More Upcoming Events!



2026 ALLIANCE CONFERENCE DETAILS
THERE ARE TWO MANDATORY MEETINGS PRIOR TO THE CONFERENCE

9:30AM ON FRIDAY, AUGUST 14TH
9:30AM ON MONDAY, SEPTEMBER 14TH

BOTH WILL BE AVAILABLE IN-PERSON OR ON TEAMS &
THOSE PLANNING TO ATTEND THE CONFERENCE MUST ATTEND BOTH



Advocate | Educate | Innovate | Celebrate

THOSE ATTENDING VIA TEAMS MUST STILL ATTEND 4 DAYS IN AUGUST & 3 DAYS IN SEPTEMBER TO REMAIN ELIGIBLE FOR THE CONFERENCE. THOSE ATTENDING IN-PERSON MAY USE THESE MEETINGS TO SATISFY THEIR ACTIVITY ATTENDANCE GOALS



NATIONAL COFFEE DAY

COFFEE & BRUNCH BAR

TUESDAY, SEPTEMBER 29TH



WALK WITH US TO PREVENT SUICIDE



OUT OF THE DARKNESS

Geneva Walk
Finger Lakes Welcome Center
Sunday, September 20th
Check - In Starts 9am | Event Starts 11am



Donate Here



Join Us Here



Save the Date!
for the 2026
Lakeview Consumer Appreciation Party
Thursday, October 22nd
S&D of Italy, Geneva

