

S u n	Monday	Tuesday	Wednesday	Thursday	Friday	S a t
1	National Groundhog Day 2 YouTube Chair Yoga / Chair Aerobics 10AM Recovery Center Groundhog Day Movie 1pm Recovery Center	Traveling Tuesday – Free Coffee w. Byrne Dairy Mug 10AM Castle St. Byrne Coffee & Chat w. Bird Watching 10:30AM Lakefront Visitor Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	National Homemade Soup Day 4 Quick Morning Walking Group 9AM H&WS Fieldhouse Track Talk About Soup! Share How You Make Your Favorite Soup, Your Favorite! 1PM Recovery Center	5 Paracord Friendship Bracelets w. Polly 10AM Recovery Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	National Wear Red Day 6 CCIA Resource Center 9AM No Afternoon Activity	7
8	National Pizza Day 9 Grocery Shopping Fun Run 9AM No Afternoon Activity	Traveling Tuesday – Free Coffee w. Byrne Dairy Mug **10:30AM** Castle St. Byrne Coffee & Chat w. New Members & March B-Day Cards 11AM Recovery Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	10 11 Quick Morning Walking Group 9AM H&WS Fieldhouse Track Belated Celebration National Pizza Day (2.9.26) Out for Lunch  12PM – You Pay	12 Spring Shelf Leaner w. Heather 10am Recovery Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	13 Quick Morning Walking Group 9AM H&WS Fieldhouse Track Afternoon Coffee Break 1PM Recovery Center & Calendar Planning Meeting 1:30PM Recovery Center & Teams Call	1 4
1 5	WE WILL BE CLOSED FOR PRESIDENT'S DAY	16 Random Acts of Kindness Day 17 Traveling Tuesday – Free Coffee w. Byrne Dairy Mug 10AM Castle St. Byrne Coffee & Chat w. Kindness Rocks 10:30AM Recovery Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	18 Quick Morning Walking Group 9AM H&WS Fieldhouse Track Information Session with STTP 1PM Recovery Center	19 Time to Finish Your Unfinished Projects! Open Art 10AM Recovery Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	National Comfy Day 20 Quick Morning Walking Group 9AM H&WS Fieldhouse Track Friday Funday is Going Bowling w. the Apt Program at Roseland Bowl 12PM RSVP by 2.13.26	2 1
2 2	National Tile Day 23 YouTube Chair Yoga / Chair Aerobics 10AM Design a Tile for National Tile Day w. Heather 11AM Recovery Center Zen Monkey & Meditative Coloring w. Polly 2pm Recovery Center	24 Traveling Tuesday – Free Coffee w. Byrne Dairy Mug 10AM Castle St. Byrne Coffee & Chat w. New Members 10:30AM Recovery Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	25 Quick Morning Walking Group 9AM H&WS Fieldhouse Track Main St Arts Center Clifton Springs 1:30PM https://mainstreetartscs.org	26 Rope Easter Bunny w. Polly 10AM Recovery Center Longer Afternoon Walking Group 2PM H&WS Fieldhouse Track	National Retro Day 27 Quick Morning Walking Group 9AM H&WS Fieldhouse Track Monthly Birthdays & Celebrations w. Movie 1PM Recovery Center	2 8
Staff Contact Information Polly 315.787.0458 Kaye 315.787.0459 Heather 315.332.6074						

**Reminder – Staff have an 8:30-10AM meeting on the second Tuesday of each month.
 Staff will call prior to 8:30AM to confirm your plans for attendance.**