

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Walking Group 9:30am Bristol Field House</p> <p>Mental Health Month Window Art 1pm Recovery Center</p>
<p>4</p> <p> Virtual Group Games w. Heather 9am Zoom</p> <p>RSS Recovery Group w. Lydia 1pm Recovery Center</p>	<p>5</p> <p>Get Your Coffee! 10am Coffee & Chat w. New Member Orientation & Zen Monkey w. Polly Recovery Center</p> <p>Walking Group 2pm Hitting the Trail</p>	<p>6</p> <p>Walking Group 9:30am Bristol Field House</p> <p>Craft w. Heather 2pm Recovery Center</p>	<p>7</p> <p>Art w. Polly 10am Recovery Center</p> <p>Walking Group 2pm Hitting the Trail</p>	<p>8</p> <p>Walking Group 9:30am Bristol Field House</p> <p>Friday Afternoon Coffee Break 1pm Recovery Center & Calendar Planning Meeting 1:30 Recovery Center & Teams</p>
<p>11</p> <p>Grocery Run 9am Auburn: Tops Family Dollar Ollie's Dollar Tree Wegman's Aldi Walmart Sauders Van Seating Limit 7 Will NOT be back by 1pm</p> <p>RSS Recovery Group w. Lydia 1pm Recovery Center</p>	<p>12</p> <p>Traveling Tuesday ***10:30am*** Coffee & Chat is Going to the FLX Visitor Center</p> <p>Walking Group 2pm Hitting the Trail</p>	<p>13</p> <p>Chair Yoga Aerobics & Mediative Coloring 9:30am Recovery Center</p> <p>Crafting w. Kaye 2pm Recovery Center</p>	<p>14</p> <p></p>	<p>15</p> <p>No Morning Activity Today</p> <p>Friday Funday is Celebrating National Pizza Party Day 12pm RSVP BY 12PM 5/13 Recovery Center (bring your own soda) Van Seating Limit 10</p>
<p>18</p> <p> Virtual Group Games w. Heather 9am Zoom</p> <p>Geneva Center of Concern 10:30am 58 Avenue D, Geneva</p> <p>RSS Recovery Group w. Lydia 1pm Recovery Center</p>	<p>19</p> <p>Traveling Tuesday 10am Coffee & Chat is Going to the FLX Visitor Center</p> <p>Getting Plants for the 2026 Recovery Center Community Garden 2pm</p>	<p>20</p> <p>Celebrating National BBQ Month w. Residential & Seneca Drop - In @ Oak Island 11am 1 Oak St. Waterloo RSVP BY 12PM 5/18 See pg.2 for information</p>	<p>21</p> <p></p>	<p>22</p> <p>National Road Trip Day</p> <p>Cayuga Lake Osprey Trail - Nesting Sites 10am Pack a Lunch!</p>
<p>25</p> <p> CLOSED FOR MEMORIAL DAY</p>	<p>26</p> <p>Get Your Coffee! 10am Coffee & Chat w. New Member Orientation Recovery Center</p> <p>Recovery Center Community Garden 2pm</p>	<p>27</p> <p>Alliance Conference Early Interest Meeting & Presentations 10am See pg.2 for information</p> <p>Bingo! 2pm Recovery Center</p>	<p>28</p> <p>Farewell to Beverly Animal Shelter Garage Sale 10am Lott & Son's Farms Seneca Falls Bring a Lunch!</p>	<p>29</p> <p>Walking Group 9:30am Hitting the Trail</p> <p>No May Birthdays – Means: Nocho Birthday Treat & Movie 1pm Recovery Center</p> <p>Preparing June Calendars for Mailing or Drop - Off</p>

Staff Contact Information:
Peer Outreach Coaches: Polly 315.787.0458 | Kaye 315.787.0459
Please Call Polly and or Kaye to RSVP for Activities!
Program Manager: Heather 315.332.6074
Community Support Services Main Office: 315.789.0550

**MORE
GOOD
DAYS**
together
MLA

Friday May 1st Mental Health Month Window Art Posters

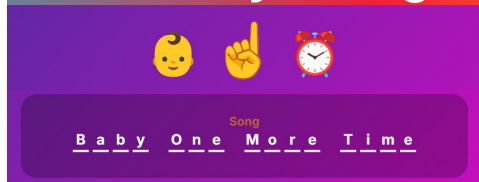
We will be creating posters for our windows here at the Recovery Center This year's MHA theme is "More Good Days Together" with the Recovery Center's goal of reducing isolation and increasing positive social opportunities we couldn't think of a better message to share!



Virtual Group Games on ZOOM
w. Heather 9am-9:30am
Mondays, May 4th & 18th

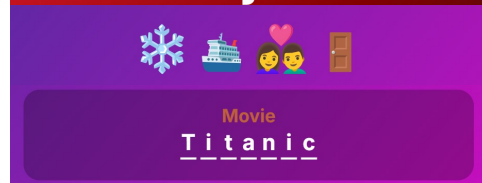
Join on Zoom using the meeting information specific to the day and game you're joining! Once on Zoom Heather will provide you with a code to join the game.

Guessmoji: Songs!



CROWDPARTY: GUESSMOJI SONGS
MONDAY MAY 4, 9:00 – 9:30AM
MEETING ID: 738 1920 5699
PASSCODE: Z8GVZT

Guessmoji: Movies!

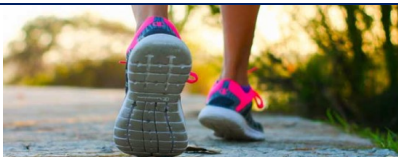


CROWDPARTY: GUESSMOJI MOVIES
MONDAY MAY 18, 9:00 – 9:30AM
MEETING ID: 740 0428 5436
PASSCODE: SZUK48



Recovery Center New Member Orientation 11am Tuesdays May 5th & 26th

Be sure to call staff to let us know what day you plan to attend. If no one calls the group may opt for an off-site location for coffee.



Walking Groups: Check the calendar for days, times & locations. The H&WS track will become unavailable for graduation week. Note each van will have bug spray, & hand wipes available for use. It is recommended that you spray your shoes/pant legs to deter ticks.



Go Get Your Coffee: Free Coffee w. your Byrne Dairy mug @ Castle St. Byrne Dairy Tuesdays before Coffee & Chat



Recovery Support Services
Recovery w. Lydia
Registration Required

Call to register or for more information 315.787.0449



Celebrating National Pizza Party Day
Friday May 15th
RSVP NO LATER THAN 12PM 5/13



Cayuga Lake Osprey Trail
Nesting Sites Driving Tour w. Planned Stops
Friday May 22nd
Limited Seating! Leaving at 10am

Pack a lunch & bring your camera. This tour will take the group along the west side of Cayuga Lake to just past Taughannock Falls State Park.



Celebrating National BBQ Month w. Residential & Seneca Drop – In Wednesday May 20th
RSVP NO LATER THAN 12PM 5/18
Please bring: a dish to pass, soda if you want it, & fishing is allowed w. license.

**FAREWELL
BEVERLY ANIMAL
GARAGE S**



Advocate | Educate | Innovate | Celebrate

Early Interest Meeting & Presentations from 2025 Attendees 10am – 12pm Wednesday, May 27th
If you are interested in learning about the 2026 ARR Conference this is the meeting to attend. You will learn about location, dates, costs, eligibility criteria, and attendance requirements. The meeting will be followed by presentations from those who attended last year's conference. Lakeview peer staff and their supervisors will be joining us both in person and on Teams for the presentation portion of this meeting.