

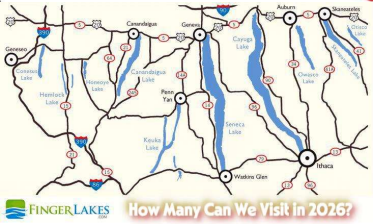


Monday	Tuesday	Wednesday	Thursday	Friday	
<p>1</p> <p>National Gardening Week</p> <p>Chair Yoga/Aerobics 9:30am Recovery Center</p> <p>Help Others Get Signed – Up for June & Social Hour 1pm Recovery Center</p>	<p>2</p> <p>Traveling Tuesday Coffee Run is going to: Willow Creek Greenhouse 9am County Rd 6, Geneva</p> <p>Walking Group 1pm Lakefront Trail</p>	<p>3</p> <p>Coffee & Coloring 9am Recovery Center</p> <p>Set – Up Container Garden Planters Transplant Baby Sunflowers & Herbs 2pm Recovery Center</p>	<p>4</p> <p>Burden Release & Sharing Encouragement Rocks w. Polly 9am Recovery Center</p> <p>Walking Group 1pm Ontario Pathways - Phelps</p>	<p>5</p> <p>CCIA Resource Center 10am 120 N. Main St, Canandaigua</p> <p>No Scheduled Afternoon Activity, Staff Open to Ideas for Local Fun!</p>	6
<p>8</p> <p>7 Walking with Hope Suicide Awareness Walk @ Sampson</p> <p>Chair Yoga/Aerobics 9:30am Recovery Center</p> <p>Sauder's 1pm</p>	<p>9</p> <p>Coffee & Chat 10:30am New Member 11am Recovery Center</p> <p>Trail of Hope 2pm Manhattan Street, Lyons http://www.trailofhope.org/</p>	<p>10</p> <p>AA Founders Day</p> <p>Monthly Grocery Shopping Fun Run 9am Canandaigua Area</p> <p>No Scheduled Afternoon Activity Today</p>	<p>11</p> <p>International Day of Play</p> <p>Uno w. Kaye 9am Recovery Center</p> <p>DYI Play Dough w. Polly 1pm Recovery Center</p>	<p>12</p> <p>Walking Group 9:30am Group Choice</p> <p>Afternoon Coffee Break 1pm Recovery Center</p> <p>Recovery Center & Calendar Planning Meeting 1:30pm Recovery Center</p>	13
<p>15</p> <p>Nature Photography Day</p> <p>Photography Trip to Canandaigua Lake 11am Pack a Lunch & Plan for an Afternoon Outdoors</p>	<p>16</p> <p>International Waterfall Day</p> <p>Traveling Tuesday Coffee Run is going to: Chase waterfalls in Ithaca! Leaving 9am Return 3pm Pack a Lunch & Plan for a Day of Travel & Fun Outdoors</p>	<p>17</p> <p>Coffee & Coloring 9am Recovery Center</p> <p>Crafting w. Kaye 1pm Recovery Center</p>	<p>18</p> <p>National Fishing Day</p> <p>Lake Day! 9am Pack a Lunch & Plan for a Full Day of Relaxing, Exploring, Hiking & Fishing at Keuka Lake State Park</p>	<p>19</p> <p>Juneteenth</p> <p>Walking Group 9:30am Group Choice</p> <p>Funday Friday is going to: Deer Haven Park – White Deer Tour! 1pm RSVP by Monday 6/15 BYO Snacks & Drink! https://deerhavenpark.org/auto-tours/</p>	20 FLX Pride Festival Ontario Co. Fairgrounds
<p>22</p> <p>National Onion Ring Day</p> <p>Chair Yoga/Aerobics 9:30am Recovery Center</p> <p>Out for Lunch Blue Ribbon in Phelps 12:30pm https://places.singleplatform.com/blue-ribbon-smoke-house-and-restaurant/menu?ref=google#menu_2056231</p>	<p>23</p> <p>Pink Flamingo Day</p> <p>Coffee & Chat 9:30am New Member 10am Recovery Center</p> <p>Pink Flamingo Day Painting w. Heather 1:30pm Recovery Center</p>	<p>24</p> <p>Coffee & Coloring 9am Recovery Center</p> <p>No Scheduled Afternoon Activity, Staff Open to Ideas for Local Fun!</p>	<p>25</p> <p>National Bomb Pop Day</p> <p>Celebrate National Bomb Pop Day at Sampson State Park 10am Pack a Lunch & Plan for a Full Day of Relaxing, Exploring, Hiking, Mini Golf, & Fishing RSVP by Friday 6/19</p>	<p>26</p> <p>Walking Group 9:30am Group Choice</p> <p>June Birthdays & Celebrations w. Movie & Treats 1pm Recovery Center</p>	27
<p>29</p> <p>Int. Fisherman's Day</p> <p>Lake Day! 9am Pack a Lunch & Plan for a Full Day of Relaxing, Exploring, Hiking & Fishing at Sodus Beach State Park</p>	<p>30</p> <p>Traveling Tuesday Coffee Run is going to: Seneca Park Zoo! Leaving 9am Zoo Opens 10am Tickets \$1 w. EBT Card up to \$16 without Pack a Lunch</p>		 <p>Are Weather Dependent</p>	<p>Staff Contact Information</p> <p>Polly 315.787.0458 Kaye 315.787.0459 Heather 315.332.6074</p>	28

June is... National Great Outdoors Month, Pride Month, Men's Health Month, Oral Health Month, National Zoos & Aquariums Month, & Black Lives Matter Month



Make sure you are signed up for anything you are interested in & answer your phone when staff calls confirm with you. We understand that things can and do change, if you can no longer attend please let us know so we don't bother you by calling. If staff leave a message a time to call back by will also be on that message. Once staff have left the office to meet up with those who confirmed we will be unreachable, so, if we don't hear from you by that time, we will not be expecting you or stopping by to get you.



90 Days of Summer



It's the unofficial start of summer and we plan to make the most of it! How much can we see and do? How many Finger Lakes can we visit? We only get about three months of summer, let's make the most of every moment!



CHALLENGE ACCEPTED



JOIN US
Walking with hope
in the heart of the Finger Lakes
Suicide Awareness Walk

Scan to

SAVE THE DATE
DONATE OR
Create a **TEAM**

Sunday, June 7, 2026 12 pm
The Vista at Sampson State Park

To attend the Seneca County Suicide Awareness Walk on Sunday, June 7th you will need to talk to Heather no later than Thursday, June 4th.

Heather will be tabling for Lakeview & Recovery Center at these events. She will have a limited number of seats available if you would like to attend. Please be aware that this is a working event and Heather will not be able to bring you home should you not wish to stay until the end. With that in mind, if you are still interested in helping out, please discuss this with Heather ASAP! There will be food and drink available for purchase, or you may bring something with you.



To attend the FLX Pride Festival on Saturday, June 20th you will need to talk to Heather no later than Thursday, June 18th.

FLX PRIDE
Community In Color!
6.20.2026
12-6 PM

Free Admission ~ Donations Welcome
Food trucks ~ Drag show ~ Music ~ Activities

Ontario County Fairgrounds
2820 Co Rd 10
Canandaigua, NY

BRING LUNCH, DRINKS, AND WHAT YOU'LL NEED DURING ALL DAYS THAT WE PLAN TO BE AWAY

NATIONAL BOMB POP DAY

Mini Golf Cost & Bomb Pops will be covered if RSVP'd by 6/19

Entry to Deer Haven is per VEHICLE up to 7 people each and will be covered if RSVP'd by 6/15

Entry into the Zoo is \$1 with your EBT card, without an EBT card the cost is up to \$16

Annual Information Update & Membership Agreement Forms: Please complete these with Heather by June 30th. Heather will have a sign - up sheet with times available will be posted outside of her office. Available time slots will be on June 3rd, 9th, 11th, or 23rd.